

**We see ourselves as your source
of energy when you run out of
power and energy.**



***Mentoring, sparring and training
for leaders and personalities***

WHY MINDTRAIN?

People - Emotions - Results

Vision and mission

Mindtrain enables a change of perspective, gives fresh impulses, provokes bold ideas and accompanies reorientation. We enrich everyday management and encourage people to break patterns. New thinking, new behaviour, new perspectives, new impulses for new management.

Clarify alignment - strengthen innovation and agility - dare to do it!
With mindtrain

01

02

The drivers

Digitization is an important driver of transformation! Technological and even social development steps are following one another ever more quickly. The **pandemic** and **crises** have intensified this trend. Companies and personalities are challenged.

Challenges

With development cycles becoming shorter and shorter, the challenge is the following:

- **Volatility**: volatility in developments
- **Uncertainty** about what comes next and when
- Increasing technical, organizational and social **complexity**
- **Ambiguity** - facts can be ambiguous

One therefore speaks of the VUCA world (**v**olatility, **u**ncertainty, **c**omplexity, **a**mbiguity).

Leaders and personalities have

- to keep the overview
- to anticipate developments
- to recognize possibilities and options quickly
- work innovatively and creatively towards the vision
- to remain capable of acting in the complexity
- to be organizationally and mentally agile / mobile
- build knowledge / skills continuously and quickly

Move forward **courageously, inspired and curious with a Growth Mindset!**

03

Experience - Methods - Mindset

The approach

Our **experience** from over 25 years of organizational development has shown that **methods** are important. But not everything!

The **mindset**, the **corporate culture** makes the difference between mediocrity and excellence!

Mindtrain therefore combines approaches of organizational development with systemic leadership and cultural development. **Mindtrain** combines classic business development with mindset work and the latest findings from neuroscience.

04

05

The benefit

You work together with **Mindtrain** as a leader, leadership team and personality and

- always have a clear positioning and orientation
- you use your innovative power to achieve a targeted effect
- you are and remain organizationally and mentally agile and flexible
- You dare to make clear decisions even in the situation of uncertain developments.

With heart and mind to a good feeling!

The offers

Mentoring

We inspire CEOs, managing directors and board members. With impulses, coaching and training we provoke and activate, challenge you. We strengthen your growth mindset.

Sparring

We challenge management and leadership teams! We test your vision and strategy, question your organizational resilience and develop your corporate culture with you. And accompany the transformation.

Training

We strengthen your skills as a leader and human being. You develop yourself further and achieve the desired effect.

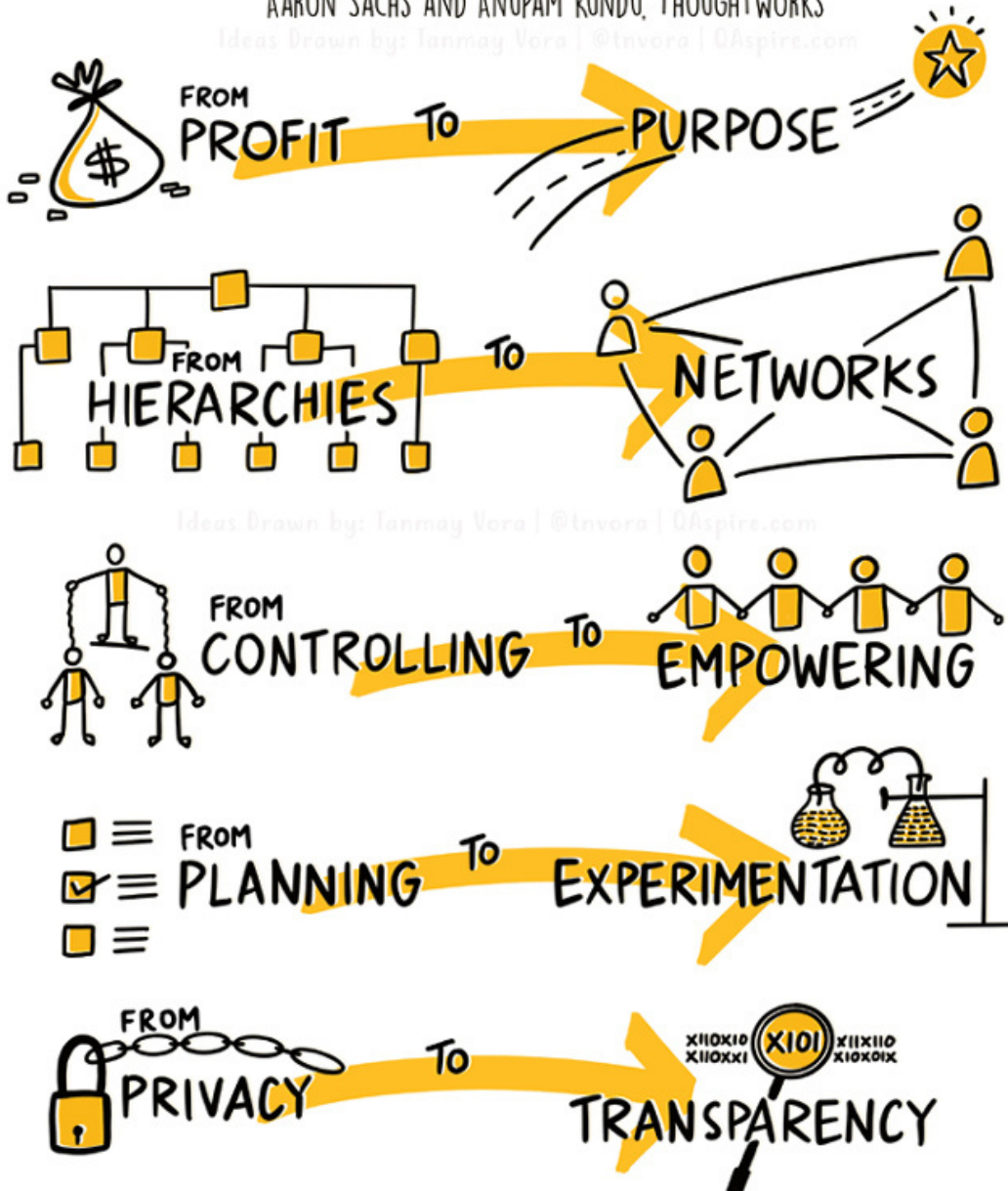
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MINDSET SHIFTS

MINDSET SHIFTS for organization transformation

AARON SACHS AND ANUPAM KUNDU, THOUGHTWORKS

Ideas Drawn by: Tanmay Vora | @tnvora | QAspire.com



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Quelle: Aaron Sachs und Anupam Kundu, Thoughtworks. Zeichnung: Tanmay Vora, QAspire.com

Let's talk about mindset shift!



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